

AUGUST 2008 FRIENDSHIP CENTER ACTIVITY CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 10:30-OMEGA-World of Interest *Arts & Crafts *Walking Club 12:45-OMEGA-Imagery&Movement *Fall Proof Class *Manicures 2:30-Elderobics 3:30-Friday Matinee
4 10:30-OMEGA-Music of Our Lives & Times *Sweet Pea Garden 12:45-OMEGA-Our Lives and Times *Walking Club 2:30-Elderobics 3:30-Crossword Puzzles 4:00-Chats	5 10:30-Oscar and Trudy *Reminisce 12:45-OMEGA-Expressing Ourselves *Leisure Arts 2:30-Bend & Stretch 3:30-Reading w. Marlene 4:00-Chats	6 10:30-OMEGA-Music For All Seasons *Sweet Pea Garden 12:45- Irving's Beautiful World *Games 1:30-Exercise 2:30-Crossword Puzzle 3:00-Tea Time	7 10:30-OMEGA-Food for Thought *Walking Club 12:45-OMEGA_Sensory Awareness *Bingo 2:30-Bend & Stretch 3:30-Brain Teasers 4:00-Chats	8 10:30-OMEGA-World of Interest *Arts & Crafts *Walking Club 12:45-OMEGA-Imagery&Movement *Fall Proof Class *Manicures 2:30-Elderobics 3:30-Friday Matinee
11 10:30- OMEGA-Music of Our Lives & Times *Sweet Pea Garden 12:45- OMEGA-Our Lives and Times *Yoga 2:30-Elderobics 3:30-Crossword Puzzles 4:00-Chats	12 10:30-Mike and Kathy Sing *Reminisce 12:45- OMEGA-Expressing Ourselves *Leisure Arts 2:30-Bend & Stretch 3:30-Reading w. Marlene 4:00-Chats	13 10:30- OMEGA-Music For All Seasons *Sweet Pea Garden 12:45- Irving's Beautiful World *Games 1:30-Exercise 2:30-Crossword Puzzle 3:00-Tea Time	14 10:30-OMEGA-Food for Thought *Walking Club 12:45-OMEGA_Sensory Awareness *Bingo 2:30-Bend & Stretch 3:30-Brain Teasers 4:00-Chats	15 LAST DAY OF OMEGA 10:30- OMEGA-World of Interest *Arts & Crafts *Walking Club 12:45- OMEGA-Imagery&Movement *Fall Proof Class *Manicures 2:30-Elderobics 3:30-Friday Matinee
18 11:00 - Ukulele Lulus *Sweet Pea Garden 12:45-Jackie Bowes Show *Walking Club 2:30-Elderobics 3:30-Crossword Puzzles 4:00-Chats	19 10:30-Reminisce w. Nathan *Music & Art 12:45-Larry Duff plays Piano and Sings *Leisure Arts 2:30-Bend & Stretch 3:30-Reading w. Marlene 4:00-Chats	20 11:00- Polynesia Dances *Sweet Pea Garden Noon: July Birthday Lunch 12:45- Irving's Beautiful World *Games 1:30-Exercise 2:30-Crossword Puzzle 3:00-Tea Time	21 10:30-Food for Thought *Walking Club 12:45-Happy Birthday Hawaii *Bingo 2:30-Bend & Stretch 3:30-Brain Teasers 4:00-Chats	22 10:30-Olympic Games *Arts & Crafts *Walking Club 12:45-Manny's Greece *Fall Proof Class *Manicures 2:30-Elderobics 3:30-Friday Matinee
25 10:30-Agris on Guitar *Sweet Pea Garden 12:45-Yoga *Walking Club 2:30-Elderobics 3:30-Crossword Puzzles 4:00-Chats	26 10:30-Reminisce w. Nathan *Music & Art 12:45-Putnam Lee Plays Guitar and Sings *Leisure Arts 2:30-Bend & Stretch 3:30-Reading w. Marlene 4:00-Chats	27 30-Dog Days of Summer *Sweet Pea Garden 12:45- Irving's Beautiful World *Games 1:30-Exercise 2:30-Crossword Puzzle 3:00-Tea Time	28 9-4 EARLY CLOSE 10:30-Food For Thought *Walking Club Noon: Family BBQ 1:00-Papa Heintz on Accordion *Bingo 2:30-Bend & Stretch 3:30-Brain Teasers 4:00-Chats	29 10:30-Olympic Games *Arts & Crafts *Walking Club 12:45-Laugh w. Miguel *Fall Proof Class *Manicures 2:30-Elderobics 3:30-Friday Matinee