

FRIENDSHIP CENTER MENU APRIL 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1-Apr	2-Apr	3-Apr	4-Apr	5-Apr
Pork Pozole Tortilla Chips Fiesta Coleslaw Melon 1% Low Fat Milk	Chicken Fajita Tacos Brown Rice Pinto Beans Orange 1% Low Fat Milk	Lentil Soup Cornbread Chopped Salad Banana 1% Low Fat Milk	BBQ Chicken Pasta Salad Strawberries 1% Low Fat Milk	Spaghetti w/ Meatsauce* Garlic Bread Garden Salad Apple Crumble * Healthy Planet vegetable protein 1% Low Fat Milk
8-Apr	9-Apr	10-Apr	11-Apr	12-Apr
Chicken Cacciatore Roasted Winter Vegetables Polenta Banana 1% Low Fat Milk	Herb Roasted Chicken Cornbread Potato Wedges Chopped Salad Strawberries 1% Low Fat Milk	Beef & Broccoli Noodle Bowl Shredded Cabbage Orange 1% Low Fat Milk	Chicken Enchiladas Brown Rice Pinto Beans Melon 1% Low Fat Milk	Vegetarian Chili Cornbread Fruit Salsa 1% Low Fat Milk
15-Apr	16-Apr	17-Apr	18-Apr	19-Apr
Orange Chicken Brown Rice Stir Fry Veggies Apple Crumble 1% Low Fat Milk	Roast Turkey Stuffing Broccoli Stuffed Baked Potato Strawberries 1% Low Fat Milk	Chicken Chile Verde Cilantro Lime Rice Mandarin Orange Slaw 1% Low Fat Milk	Pasta Carbonara Garlic Bread Chopped Salad Applesauce 1% Low Fat Milk	Macaroni & Cheese Breadstick Carrots Pear 1% Low Fat Milk
22-Apr	23-Apr	24-Apr	25-Apr	26-Apr
Chicken Gumbo Brown Rice Pear Crumble 1% Low Fat Milk	Beef Taco Plate Brown Rice Pinto Beans Fruit Salsa 1% Low Fat Milk	Chicken Pot Pie Carrot Pineapple Salad 1% Low Fat Milk	Chicken Noodle Soup Biscuit Garden Salad Strawberries 1% Low Fat Milk	Spaghetti w/ Meatballs Whole Wheat Breadstick Zucchini Squash Fruit Salad 1% Low Fat Milk
29-Apr	30-Apr			
Pork Adobado Tacos Spanish Rice Cucumber Orange 1% Low Fat Milk	Chicken Pasta Alfredo Steamed Broccoli Pear Crumble 1% Low Fat Milk			

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