

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3 Active Aging Day</b> 10:30  Intergenerational Activity: Crane School 11:00  Music from Around the World 11:30  Lemonade Making Competition <b>Therapy Dog Lily</b> 1:00  Flower Arranging <b>Body/Mind Awareness</b> 2:15  Discussion: How to age ACTIVELY Bingo	<b>4 Cheese Day</b> 10:30  Intergenerational Activity: Crane School 11:00 <b>Trudy &amp; Oscar</b> <b>Therapy Dog Lola</b> 1:15  Art and Soul 1:30 <b>Music of Our Lives and Times</b> Dana's love of Orphan Cars Ft.1906 Locomobile 2:45  World of Cheese Class and Sampling Crochet & Quilting Club	<b>5 First Day of Eid al-Fitr (Islam)</b> 10:15  Aromatherapy Chairiobics w/Miyuki 10:30 <b>Cycling without Age</b> 11:00  Travels with Danica 1:00  Learning about Eid al-Fitr 1:30 <b>Body/Mind Awareness</b> 2:45  Ice Cream Party... Just because	<b>6 75<sup>th</sup> Anniversary of D-Day (1944)</b> 10:00 <b>Travels &amp; Explorations</b> 11:15  Morning Moves // Scents & Scenes Gardening Club 12:30 <b>Therapy Dog Yogi</b> 1:00 <b>The Friendship Band</b> Aromatherapy, Art & Soul 2:45  Discussion: World War II	<b>7 Luau Day</b> 10:15  Morning Moves w/Miyuki 10:45 <b>Trip to Farmer's Market</b> 11:00  Courtyard Chorus 1:00 <b>The Snapshot Band!</b> Manicures Bingo 2:45  Summer Luau (all invited!)
<b>10 Crossword Day</b> 10:30  Intergenerational Activity: Crane School 11:00 <b>Theater Class</b> <b>Therapy Dog Lily</b> 11:30  Crossword Club 1:00  Flower Arranging <b>Body/Mind Awareness</b> 2:30  Fireside Chat Bingo <b>Happy Birthday, Dee (6/8)</b>	<b>11 King Kamehameha I Day (Hawaii)</b> 10:30  Intergenerational Activity: Crane School Build-It Class 11:00  Making Music Together <b>Therapy Dog Lola</b> 1:15  Art and Soul with Ken & Hayle Trip to Vedanta Temple 1:30 <b>Music of Our Lives and Times</b> Discussing Hawaiiin History Crochet & Quilting Club	<b>12 Cycling Day</b> 10:30  Intergenerational Activity: Crane School <b>Cycling without Age</b> 11:00 <b>Joyous Movement</b> 1:00  Timeslips Storytelling 1:30 <b>Body/Mind Awareness</b> 2:45  Discussing Cycling	<b>13 National Weed Your Garden Day</b> 10:00 <b>Travels &amp; Explorations</b> 11:15  Morning Moves // Scents & Scenes Gardening Club 12:30 <b>Therapy Dog Yogi</b> 1:00 <b>The Friendship Band</b> Aromatherapy, Art & Soul 2:15  Group Gardening: Weeding the courtyard! <b>Happy Birthday, Toni!</b>	<b>14 Father's Day Celebration (observed early)</b> 10:15  Morning Moves w/Miyuki 10:45 <b>Fredrik on Piano!</b> 1:00  Art & Soul Manicures Bingo 2:15  Father's Day Party
<b>17 Family History Day</b> 10:15  Body Balance & Strength 11:00  Music from Around the World <b>Therapy Dog Lily</b> 1:00  Flower Arranging <b>Body/Mind Awareness</b> 2:00  Veteran's Support Group 2:30  Fireside Chat Bingo	<b>18 International Picnic Day</b> 10:15  Chair Yoga Trip to Lotusland 11:00 <b>Therapy Dog Lola</b> Courtyard Chorus 1:15  Art and Soul with Ken & Hayle 1:30 <b>Music of Our Lives and Times</b> 2:45  Patio Picnic Party Crochet & Quilting Club	<b>19 Fishing Day</b> 10:15  Aromatherapy Chairiobics w/Miyuki 10:30 <b>Cycling without Age</b> 11:00  Songs with Gem! 1:00  Fishing Class 1:30 <b>Body/Mind Awareness</b> 2:45  Courtyard Conga <b>Visit from Blondes vs Brunettes Football Teams!</b>	<b>20 Anniversary of Jaws (1975)</b> 10:00 <b>Travels &amp; Explorations</b> 11:15  Discussion: Sharks Gardening Club 12:30 <b>Therapy Dog Yogi</b> 1:00 <b>The Friendship Band</b> Advisory Council Meeting Aromatherapy, Art & Soul 2:00  Fire Drill 2:15  Remembering Jaws	<b>21 Summer Solstice</b> 10:15  Morning Moves 11:00 <b>Agris &amp; Rob!</b> 1:00  Manicures Bingo Aromatherapy & Art 2:30  Solstice & Susie / Nancy Party! <b>Happy Birthday, Susie Q. and Nancy K. (6/23)!</b>
<b>24 Celebration of Senses Day</b> 10:30  Body Balance & Strength 11:00  Music from Around the World <b>Therapy Dog Lily</b> 1:00  Flower Arranging <b>Body/Mind Awareness</b> 2:15  Exploring our Senses Bingo	<b>25 National Forgiveness Day</b> 10:15  Chair Yoga Build-It Class <b>Therapy Dog Lola</b> Courtyard Chorus 12:30  Bubble Break 1:15  Art and Soul with Ken & Hayle 1:30 <b>Music of Our Lives and Times</b> 2:45  Discussing Forgiveness Crochet & Quilting Club	<b>26 Amsterdam Day</b> 10:15  Aromatherapy Chairiobics w/Miyuki 10:30 <b>Cycling without Age</b> 11:00  TravelStore Travel Talks: Amsterdam 1:00  Timeslips Storytelling 1:30 <b>Body/Mind Awareness</b> 2:45  Karaoke with the FC Gals!	<b>27 National Handshake Day</b> 10:00 <b>Travels &amp; Explorations</b> 11:15  Morning Moves // Scents & Scenes Gardening Club 12:30 <b>Therapy Dog Yogi</b> 1:00 <b>The Friendship Band</b> Aromatherapy, Art & Soul 2:45  Discussion: Hand Gestures of the World	<b>28 Doughnut Day</b> 10:15  Morning Moves w/Miyuki 10:45 <b>Trip to Farmer's Market</b> 11:00  Music Therapy 1:00  Aromatherapy & Art Manicures Bingo 2:30  Doughnut Sampling Party

**Activity Themes:**

- Music
- Arts
- Physical Fitness
- Brain Fitness
- Community
- Life Skills

**Daily Happenings:**

- 8:00-10:00AM Breakfast
- 10:00-10:15AM Morning News
- 12:00-1:00PM Lunch
- 12:30-1:00PM Après-Déjeuner Stroll
- 2:30-3:00PM Afternoon Snack
- 3:30-4:00PM Courtyard Convos
- 4:00-5:00PM Mixed Media Activities

**Riddle of the Month:**

**Q.** From the beginning of eternity, To the end of time and space  
 To the beginning of every end, And the end of every place.  
 What am I?

*Tell program staff the correct answer to win a special prize!*

