



FRIENDSHIP CENTER



GOLETA ACTIVITY CALENDAR



OCTOBER 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>VITALITY CLASSES</p>  <p>Tuesdays 10:45am Wednesdays 1:30pm Fridays 10am & 1:30pm</p>	<p>1 International Day of Older Person</p> <p>10:15 Movement with Mary</p> <p>11:00 <u>MUSIC for all Seasons</u></p> <p>1:00 Trivia</p> <p>1:30 <u>FRIENDSHIP BAND</u></p> <p>3:00 BINGO</p>	<p>2 Guardian Angels Day</p> <p>10:15 Stretch with Terri</p> <p>11:00 Sing Along</p> <p>1:00 Let's Laugh *Garden</p> <p>1:30 <u>Art Experience/Talks</u></p> <p>3:00 BINGO *Patio Chats</p>	<p>3 Think Positive Thursday</p> <p>10:15 Reach for the Stars</p> <p>11:00 Sing Along</p> <p>1:00 Chats</p> <p>1:30 Crossword Puzzle</p> <p>3:00 BINGO</p>	<p>4 World Smile Day</p> <p>10:15 <u>Body/Mind Awareness</u></p> <p>11:00 Sing Along</p> <p>1:00 Trivia Time</p> <p>1:30 <u>MUSICOur Lives/Times</u></p> <p>3:00 BINGO</p>
<p>7</p> <p>10:15 Reach & Stretch</p> <p>10:30 Sing Along</p> <p>1:00 Ball Toss</p> <p>1:45 Crossword Puzzle</p> <p>3:00 BINGO</p>	<p>8</p> <p>10:15 Movement with Mary</p> <p>11:00 <u>MUSIC for all Seasons</u></p> <p>1:00 Artworks</p> <p>2:00 Hangman</p> <p>3:00 BINGO</p>	<p>9</p> <p>10:15 Stretch with Terri</p> <p>11:00 Sing Along</p> <p>1:00 Let's Laugh *Garden</p> <p>1:30 <u>Art Experience/Talks</u></p> <p>3:00 BINGO *Patio Chats</p>	<p>10 World Rainforest Week</p> <p>10:15 Reach for the Stars</p> <p>11:00 <u>LesConrad/ Royalettes</u></p> <p>1:00 <u>JOYFUL NOISE</u></p> <p>1:45 Crossword Puzzle</p> <p>3:00 BINGO</p>	<p>11</p> <p>10:15 <u>Body/Mind Awareness</u></p> <p>11:00 Sing Along</p> <p>1:00 Trivia Time</p> <p>1:30 <u>MUSICOur Lives/Times</u></p> <p>3:00 BINGO</p>
<p>14 Canada Thanksgiving</p> <p>10:15 Reach & Stretch</p> <p>10:30 <u>TRUDY & OSCAR</u></p> <p>1:00 <u>MILDRED on organ</u></p> <p>2:00 Crossword Puzzle</p> <p>3:00 BINGO</p>	<p>15 Grow a Beard Day</p> <p>10:15 Movement with Mary</p> <p>10:30 <u>LITTLE STAR</u> mini horse</p> <p>11:00 <u>MUSIC for all Seasons</u></p> <p>1:00 Artworks</p> <p>2:00 Hangman</p> <p>3:00 BINGO</p>	<p>16 Dictionary Day</p> <p>10:15 Stretch with Terri</p> <p>11:00 Sing Along</p> <p>*Advisory Council</p> <p>1:00 Let's Laugh *Garden</p> <p>1:30 <u>Art Experience/Talks</u></p> <p>3:00 Loteria * Patio Chats</p>	<p>17</p> <p>10:15 Reach for the Stars</p> <p>11:00 <u>FREDRIK plays piano</u></p> <p>1:00 Chats</p> <p>1:30 Crossword Puzzle</p> <p>3:00 BINGO</p>	<p>18 Alaska Day</p> <p>10:00 <u>Body/Mind Awareness</u></p> <p>11:00 <u>CHARLIE TETONI</u></p> <p>1:00 Trivia Time</p> <p>1:30 <u>MUSICOur Lives/Times</u></p> <p>3:00 BINGO </p>
<p>21 Liberty Day</p> <p>10:15 Reach & Stretch</p> <p>11:00 Sing Along</p> <p>1:00 Ball Toss</p> <p>1:45 Crossword Puzzle</p> <p>3:00 BINGO</p>	<p>22 World Series Begins</p> <p>10:15 Movement with Mary</p> <p>11:00 <u>MUSIC for all Seasons</u></p> <p>1:00 <u>Singing with GEM</u></p> <p>2:00 Hangman</p> <p>3:00 BINGO </p>	<p>23</p> <p>10:15 Stretch with Terri</p> <p>11:00 Sing Along</p> <p>1:00 Let's Laugh *Garden</p> <p>1:30 <u>Art Experience/Talks</u></p> <p>3:00 BINGO *Patio Chats</p>	<p>24</p> <p>10:15 Reach for the Stars</p> <p>11:00 <u>LesConrad/ Royalettes</u></p> <p>1:00 Sing Along</p> <p>1:45 Crossword Puzzle</p> <p>3:00 BINGO</p>	<p>25 Frankenstein Friday</p> <p>10:00 <u>Body/Mind Awareness</u></p> <p>11:00 Sing Along</p> <p>12:30 HAPPY OCT B-DAYS PARTY!</p> <p>1:00 Trivia Time</p> <p>1:30 <u>MUSICOur Lives/Times</u></p> <p>3:00 BINGO BIRTHDAY CAKE AFTER LUNCH!</p>
<p>28 Statue of Liberty Anniversary</p> <p>10:15 Reach & Stretch</p> <p>11:00 <u>AGRIS PLAYS GUITAR</u></p> <p>1:00 <u>MILDRED on organ</u></p> <p>2:00 Crossword Puzzle</p> <p>3:00 BINGO</p>	<p>29 National Cat Day</p> <p>10:15 Movement with Mary</p> <p>11:00 <u>MUSIC for all Seasons</u></p> <p>1:00 Artworks</p> <p>2:00 Hangman</p> <p>3:00 BINGO</p>	<p>30 Jack O'Lantern Day</p> <p>10:15 Stretch with Terri</p> <p>10:30 <u>LITTLESTAR</u> minihorse</p> <p>11:00 <u>TRUDY & OSCAR</u></p> <p>1:00 Let's Laugh *Garden</p> <p>1:30 <u>Art Experience/Talks</u></p> <p>3:00 BINGO *Patio Chats</p>	<p>31 HAPPY HALLOWEEN!</p> <p>10:15 Reach for the Stars</p> <p>11:00 Sing Along</p> <p>1:00 Halloween Chats</p> <p>1:30 LET'S PARTY! BOOO!</p> <p>3:00 BINGO </p>	<p> Music Humor</p> <p> Arts Little Star</p> <p> Physical Fitness</p> <p> Brain Fitness</p> <p> Life Skills</p>